



Endoscopy Center of North Baltimore

Date and Time of Procedure: _____

Arrival Time: _____

Location of Procedure: _____

UPPER ENDOSCOPY PREPARATION:

INSTRUCTIONS AND INFORMATION

- Your stomach must be completely empty to allow examination.

Do not eat or drink after midnight the night before the exam.

- **Stop taking iron, vitamin E, aspirin (Excedrin), ibuprofen (Motrin, Advil), Aleve, Naprosyn, Mobic or blood thinners (Coumadin, Plavix, Tegrid or Pletal) for 7 days before your exam or as directed by your physician.**

Tylenol is an acceptable substitute unless instructed otherwise.

You may continue to take Celebrex as prescribed

- **If you have any heart valve replacements, cardiac stents, arterial grafts, pacemaker or defibrillator, atrial fibrillation, dialysis, joint replacements, sleep apnea, home oxygen, etc., please notify your primary physician and GI doctor before your upper endoscopy or before discontinuing blood thinners for your procedure.**

- You may take your heart, blood pressure, seizure or steroidal routine medications with



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a small sip of water on the day of your exam. Hold all other medications.

- Do not take insulin or anti-diabetic medicines the evening before or the morning of your exam. Resume your medication dosage after your exam.

- **Bring a driver with you on the day of your exam. You will receive sedation and will not be able to drive for the rest of the day. An adult must accompany you and remain until patient discharge.**