

## **SUFLAVE BOWEL PREP KIT** **PREPARATION FOR COLONOSCOPY**

***EFFECTS OF BOWEL PREPARATION:*** The solution will cause you to have repeated loose stools (diarrhea), which is the expected result. The solution usually works within 30-60 minutes but may take as long as 4 hours to have an effect. During the preparation process you are advised to stay close to a bathroom.

**At least one week prior to the procedure:** Please read all of the instructions carefully. It is advised that you take the prescription to your pharmacy to have it filled. It is advised that you refrigerate the entire box after picking it up from the pharmacy. This will help make it more tolerable. Purchase Desitin or Vaseline.

**The day prior to the procedure:** To ensure the highest quality preparation you **MUST** remain on clear liquids all day and complete all of your prep. *This will give your physician the clearest view of your colon.* To prevent soreness while passing the diarrhea caused by the bowel prep apply Desitin or Vaseline to your anus.

**Please follow these instructions carefully (DO NOT follow the instructions on the prep box)**

### ***AT 6PM the night before your procedure***

**Step 1** – Open 1 flavor enhancing packet and pour the contents into 1 bottle.

**Step 2** – Fill the provided bottle with lukewarm water up to the fill line. After capping the bottle, gently shake the bottle until all powder has mixed well (dissolved). For the best taste refrigerate the solution for an HOUR before drinking. Do not freeze use within 24 hours.

**Step 3** – Drink 8 ounces of the solution every 15 minutes until the bottle is empty.

**Step 4** – Drink an additional 16 ounces of water during the evening.

### ***5 HOURS PRIOR TO YOUR ARRIVAL TIME***

**Follow steps 1-3 above using the remaining bottle.**

**\*\*DO NOT DRINK ANYTHING**  
**3 HOURS PRIOR TO YOUR ARRIVAL TIME**  
**OR YOUR PROCEDURE MAY BE CANCELLED OR RESC**